

Is Nutritional Biochemistry the Missing Link in Mental Health Treatment?

PLEASE JOIN US FOR AN IMPORTANT PUBLIC LECTURE

Integrative Medicine for the Treatment of Depression and Bipolar Disorder An Orthomolecular Approach

James Greenblatt, MD

Chief Medical Officer, Walden Behavioral Care
Waltham, Massachusetts

This lecture will examine the role of nutrition in the development and treatment of depression and bipolar disorder. Nutrition – in the form of amino acids, vitamins, minerals, and essential fatty acids – is known to influence neurotransmitter synthesis.

Topics covered:

- Nutrient deficiencies connected to depression and bipolar disorder
- Food allergies, including Celiac disease, and mood disorders
- Minimizing drug side effects with supplementation
- And much more valuable information!



For over 30 years Dr Greenblatt, has been a leader in psychiatric integrative medicine. He is the Chief Medical Officer of Walden Behavioral Care, a psychiatric hospital and the Founder and Medical Officer of Comprehensive Psychiatric Resources, an integrative psychiatry practice. He has lectured widely on the scientific evidence for nutritional treatments in psychiatry.

Friday, February 5, 2010

7:30 pm Admission: \$20.00

Medical Sciences Building, JJR MacLeod Auditorium

1 King's College Circle (Queen's Park Subway), University of Toronto

Seating is limited. Please call 416 733 2117 to purchase tickets.



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