

The International Schizophrenia Foundation &
Orthomolecular Health

presents the Fall 2009

Toronto Public Information Series:
Orthomolecular Medicine & Mental Health

Wednesday, September 30, 7:30 pm

Children, Nutrition & Behaviour

Presented by Sejal Parikh-Shah, ND

Held at the Ontario Institute for Studies in Education
252 Bloor Street West, Room 2286 (St. George Subway)

*Please note room number for this lecture.

Dr. Parikh-Shah N.D. is a licensed naturopathic doctor. She graduated from the Canadian College of Naturopathic Medicine in 1994 and is also licensed in parenteral medicine. She has a private family practice in Thornhill, Ontario focusing on women and children's health. She uses nutrition, herbal medicine, acupuncture, homeopathy and lifestyle coaching to help her clients achieve optimal health. Dr. Parikh-Shah teaches 2nd, 3rd and 4th year students at the Canadian College of Naturopathic Medicine in Toronto.

Admission is \$5 at the door

Pre-registration is required as space is limited.

To register, please call (416) 733-2117 or email: centre@orthomed.org

Upcoming presentations* in the series:

October 21, 7:30 pm

Women's Health: Maintaining Balance

Presented by Jodi Larry, ND

November 25, 7:30 pm

Stress: How to Cope with It

Presented by Karen Hack, BSc, ND

* These presentations will take place in room 5250.

Orthomolecular Medicine is the therapeutic application of natural nutrients to treat and prevent disease, based on individual needs and biochemistry.