

The International Schizophrenia Foundation & Orthomolecular Health

present the

Toronto Public Information Series, Winter 2010:

Orthomolecular Nutrition & Mental Health

This series provides the public with introductory presentations on the benefits of Orthomolecular and nutritional therapy, an individualized, evidence-based medical approach used under the guidance of a health practitioner, to prevent and treat disease.



Understanding Fibromyalgia

Presented by Leigh Arseneau, BSc, ND

Wednesday, February 24, 7:00 pm

Ontario Institute for Studies in Education
252 Bloor Street West, Rm 5260 (St. George Subway)

Do You Have Chronic Pain? Diagnosed with Fibromyalgia?

Join us as we hear how individualized, integrative treatment strategies aimed at correcting multiple dysfunctions, can help you restore your health.

BIO: Dr. Arseneau, BSc, ND, has a special interest in Functional and Environmental Medicine. He is the director of the Naturopathic Institute of Advanced Medicine in Oshawa, an integrative medical clinic, as well as the staff Naturopathic Doctor for the Canadian Center for Integrative Medicine in Markham. Dr. Arseneau started his training with a 4-year honours degree in Biochemistry and completed his degree thesis at the Northeastern Ontario Regional Cancer Centre on Multi Drug Resistance and breast cancer. His training further includes 4 years of Naturopathic Medical School with Internships at Parkwood Clinic and the Robert Schad Naturopathic Clinic. He has lectured for various groups including US Too Cancer Group, the Ministry of the Environment, Kiwanis and the Rotary Club, Health Cancer Support Center and Roger's Cable, and lectured for the Functional Medicine Clinical Series.

Admission is \$5 at the door.

Pre-registration is required as space is limited.

To register, please call (416) 733-2117 or email: centre@orthomed.org



www.isfmentalhealth.org



www.helpyourselfcommunity.org